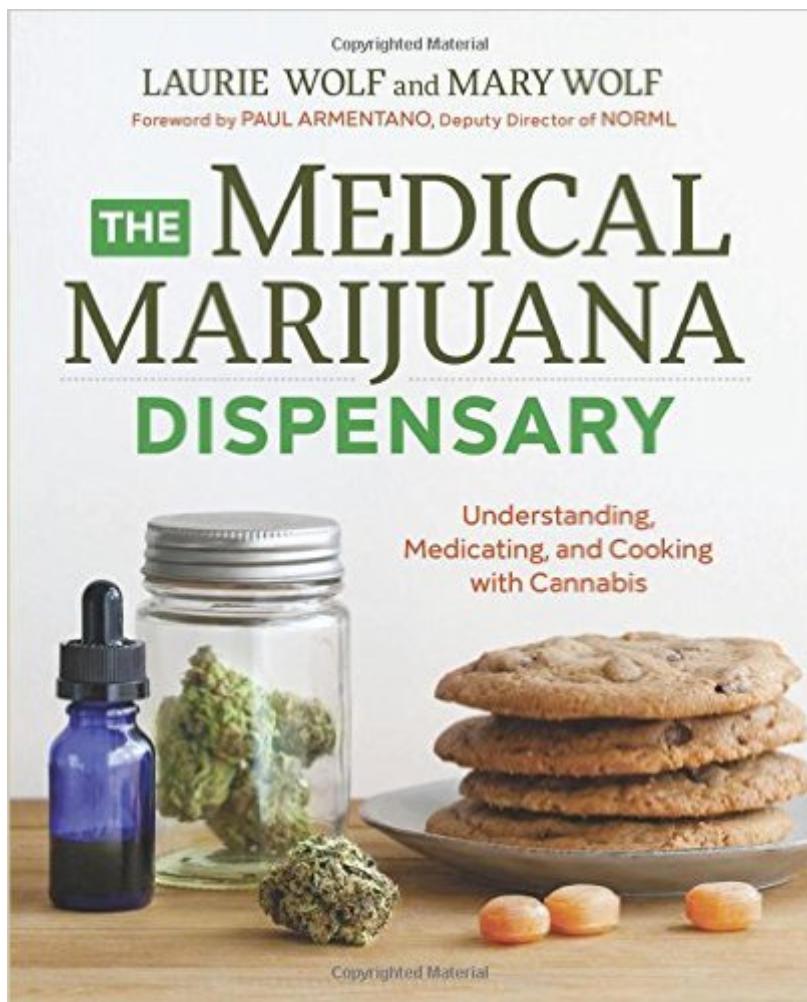


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The Medical Marijuana Dispensary: Understanding, Medicating, And Cooking With Cannabis



Synopsis

Award-winning owners of the cannabis company Laurie & MaryJane bring their expertise to this reliable, at-your-fingertips resource for understanding the therapeutic effects of marijuana.Â Featuring a Foreword by Paul Armentano, Deputy Director of NORML Part reference, part cannabis cookbook, The Medical Marijuana Dispensary provides up-to-date, evidence-based information and research supported by medical professionals, established experts, and members of the medical marijuana community. Authors Laurie and Mary expertly guide beginners through the three easy-to-navigate sections of this primer for new patients. In Parts One and Two, they offer an in-depth overview of the history of medical marijuana and profiles of common cannabis strains (sativa, indica, hybrid).Â In Part Three, youâ™ll explore a range of easy-to-prepare edibles and effective remediesâ "from savory dishes to sweet treats to soothing tinctures and oilsâ "with dosages that can easily be altered to suit your health needs. Packed with useful cannabis resources, including an in-depth glossary, medical cannabis guidelines, a well-organized index listing ailments, symptoms and conditions, real-world patient testimonials, and tips for cultivating cannabis at home, The Medical Marijuana Dispensary is your accessible and informed guide to the world of medical marijuana.

Book Information

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Customer Reviews

I bought this book nearly free during a public promotion. No review was promised or discussed.I'm an RN in a state where medical marijuana is illegal. I really did not know much at all about medical

marijuana until I read this book. I thought people just smoked it or ate it in cookies, I had no idea that use or cultivation had become so specified. The book is filled with brief information about medical conditions that have been treated with pot successfully, and it discussed the chemical makeup. I really had no idea that there were benefits delivered for some conditions without any high. I think all medical professionals should read this. Another thing that simply astounded me was the concept of being able to standardize doses by using oils, tinctures, suppositories, and other non-smoked forms of using marijuana as a drug. There's a lot of varieties listed with brief descriptions and listing of their main chemical components by percentages. The last half of the book consists of recipes. Some are base recipes (like oils and tinctures), and some are for meals and treats. There are recipes for fresh Cannabis Juice, Cannabis oil, Cannabis butter, tinctures soaks- just so much- and then food - lots of recipes for edibles. The macaroni and cheese recipe really floored me, I couldn't help but think "What a comfort food that must be!" I'm afraid that since I live in a state that still has very strict felony laws, I wasn't able to try any of the recipes, but I am hoping that will change one day. For me the book is a keeper for that day - I do have an incurable auto-immune disease that Western medicine can't cure, and doesn't even treat well, and I do hope that one-day medicinal marijuana will be legal nationwide.

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